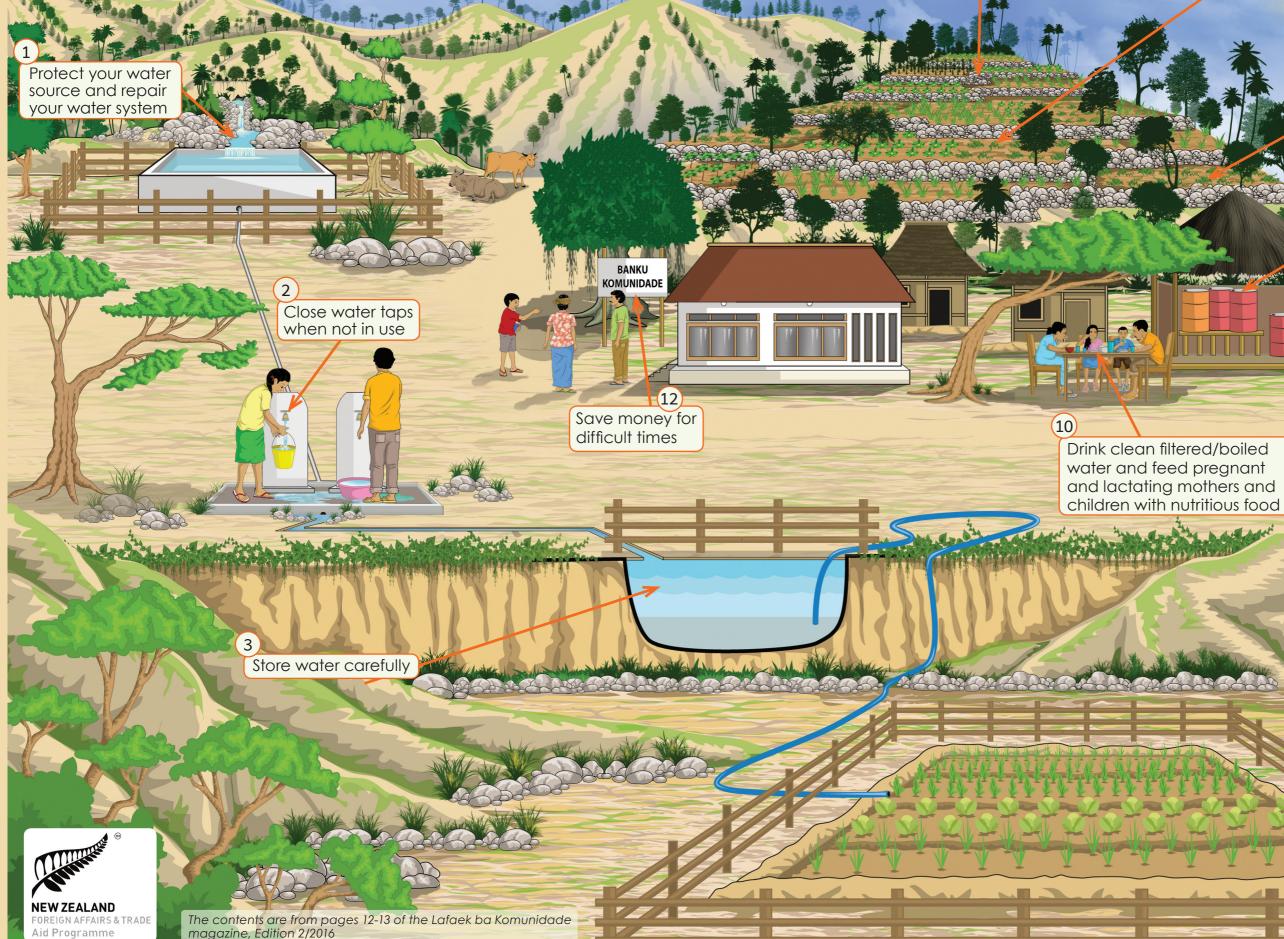


This year, the rainfall will be less, which will result in less water and food. This will also cause more diseases. How to prepare yourself?

Prepare the land well to retain water. Don't burn the land, cover the soil



Plant wide variety of foods that can be harvested quickly (ex. Batar lais)

Plant drought tolerant and a wide variety of foods

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Store food (ex. Beans, potatoes, cassava) securely

> Store seeds carefully and reserve some in case you need to replant

Wash your hands with soap to protect sickness

Plant varieties of nutritious food and protect them with strong fences

